

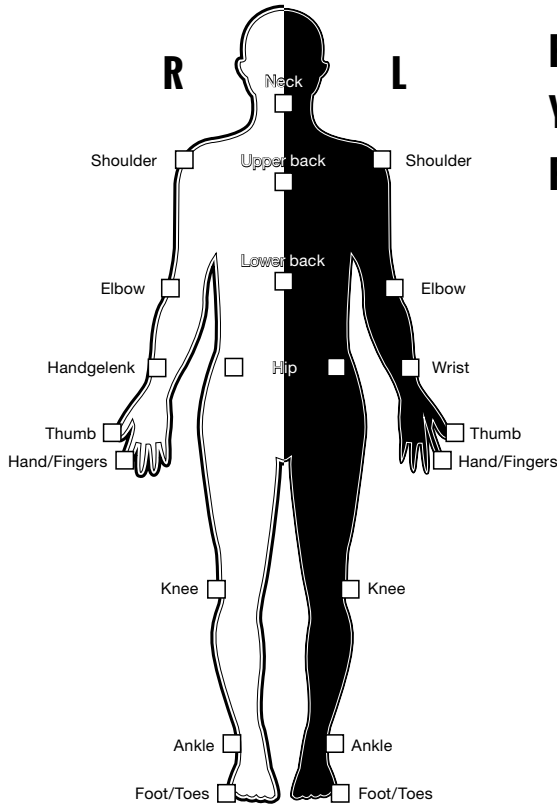
PEST QUESTIONNAIRE

(Psoriasis Epidemiology Screening Tool)

PATIENT NAME

DATE

PEST is a validated screening tool for psoriatic arthritis.



PLEASE TICK THE JOINTS THAT HAVE CAUSED YOU DISCOMFORT (E.G. STIFF, SWOLLEN OR PAINFUL JOINTS).

Please answer the following questions and score 1 point for each question answered "Yes".



Have you ever had a swollen joint (or joints)?

YES NO



Do you have or have you ever had pain in your heel?

YES NO



Has your doctor ever diagnosed you with arthritis?

YES NO



Have you ever had a finger or toe that was completely swollen and painful for no apparent reason?

YES NO



Do your fingernails or toenails have holes or pits?

YES NO

Total:

..... /5

A total score of 3 or more is indicative of psoriatic arthritis, and a referral to a rheumatologist should be considered.