PEST QUESTIONNAIRE  
(Psoriasis Epidemiology Screening Tool)

PATIENT NAME  

DATE  

PEST is a validated screening tool for psoriatic arthritis.

PLEASE TICK THE JOINTS THAT HAVE CAUSED YOU DISCOMFORT (E.G. STIFF, SWOLLEN OR PAINFUL JOINTS).

Have you ever had a swollen joint (or joints)?

Has your doctor ever diagnosed you with arthritis?

Do your fingernails or toenails have holes or pits?

Do you have or have you ever had pain in your heel?

Have you ever had a finger or toe that was completely swollen and painful for no apparent reason?

Please answer the following questions and score 1 point for each question answered “Yes”.

Total:  

A total score of 3 or more is indicative of psoriatic arthritis, and a referral to a rheumatologist should be considered.