

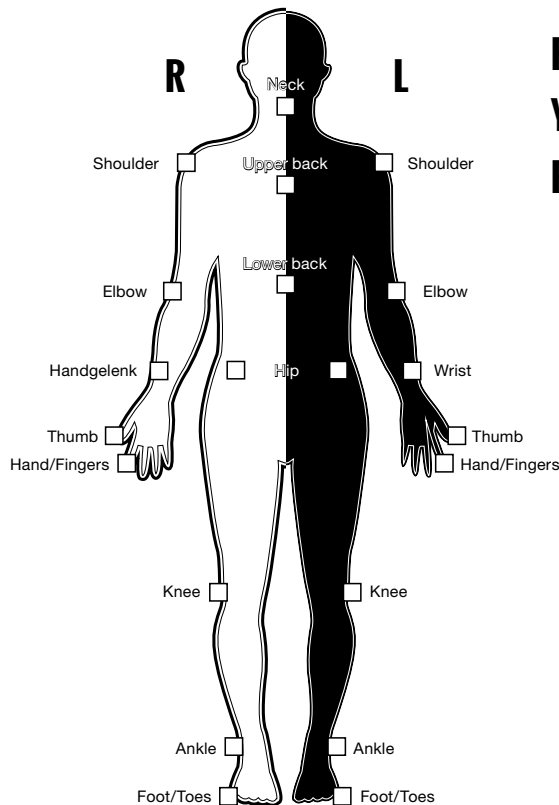
PEST QUESTIONNAIRE

(Psoriasis Epidemiology Screening Tool)

PATIENT NAME

DATE

PEST is a validated screening tool for psoriatic arthritis.



PLEASE TICK THE JOINTS THAT HAVE CAUSED YOU DISCOMFORT (E.G. STIFF, SWOLLEN OR PAINFUL JOINTS).

Please answer the following questions and score 1 point for each question answered "Yes".



Have you ever had a swollen joint (or joints)?

YES NO
☐ ☐



Do you have or have you ever had pain in your heel?

YES NO
☐ ☐



Has your doctor ever diagnosed you with arthritis?

YES NO
☐ ☐



Have you ever had a finger or toe that was completely swollen and painful for no apparent reason?

YES NO
☐ ☐



Do your fingernails or toenails have holes or pits?

YES NO
☐ ☐

Total:

..... /5

A total score of 3 or more is indicative of psoriatic arthritis, and a referral to a rheumatologist should be considered.